

Tasks & Worksheets (5): Social Well-being

- (I) Describe the positive and negative effects of interpersonal relationships on personal development based on the holistic concepts of health.
- (II) Describe social loneliness and emotional loneliness.
- (III) Why does group conformity occur? How does it positively and negatively impact on personal development?
- (IV) Based on the following scenario, answer the following questions:

Scenario

Peggy is a secondary one student. She has 3 elder brothers. Peggy has her own bedroom, but her brothers need to share one bedroom. Since Peggy is the youngest and the only daughter at home, her parents give priority to catering her needs. Recently, they bought Peggy a computer notebook for her own use. Peggy's eldest brother, who is 19 years old and always takes care of her, agrees with this arrangement. But her youngest brother, who is 15 years old, always quarrels with Peggy as he thought it was an unfair treatment of their parents.

- a) Identify the possible factors affecting sibling relationships. Support your answer with examples from the above situation.
- b) Describe the five conflict management strategies for illustrating how Peggy may handle her conflicts with her youngest brother on using the notebook computer.
- c) Describe the characteristics of the parent-child relationship at this stage in Peggy's family.
- d) Give suggestions to their parents to cope with the changes in the parent-child relationship occurred at this stage.
- e) Suggest social services that could help Peggy's parents at this stage.

- (V) Based on the following scenario, answer the questions:

Scenario

Hin and Mei are classmates. Hin always helped Mei to solve the problems in her study of science subjects. Mei liked Hin and fell in love with him. Mei shared with Hin about her hobbies and family but Hin was reluctant to disclose his information in return. As time goes by, they started quarrelling over different issues when Hin made decisions for Mei without informing her. He thought these decisions were good for Mei. Mei tried to neglect her own concerns and accept Hin's decisions initially, worrying to hurt Hin otherwise. Later, Hin's behaviour was felt disrespectful to Mei. They broke up eventually.

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- a) According to the information above, analyse the nature of love between Hin and Mei in terms of passion, intimacy and commitment and infer the main element which leads to their termination of relationship.
- b) ‘The hidden part of self becomes the main barrier to Hin and Mei’s relationship.’ Illustrate this statement with Johari Window.
- c) What is the strategy Mei used to handle her conflict with Hin at the initial stage? Quote the relevant information to justify your answer.

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