

Booklet 12

Medical and Social Care Professions

Major characteristics of a profession

- **Training**
 - expertise and professional skills acquired from the recognised academic qualification and training that may be certified in an examination
- **Regulation**
 - the practice regulated by the relevant ordinance(s) and code of practice based on the professional ethics and standards
- **Professional association**
 - the society or association established by own professionals, which has the authority to establish, review and monitor the qualifications of its members

Medical Care – Healthcare Professionals

	Related Training	Duties	Regulation	Professional Body
Doctors	Bachelor of Internal and external General Medicine	<ul style="list-style-type: none"> Examine and diagnose patients, prescribe medicines, conduct courses of treatment or surgery Be responsible for health care administration, such as the promotion of public health 	<u>Medical Registration Ordinance</u>	<u>Medical Council of Hong Kong</u>
Dentists	Bachelor of Dentistry	<ul style="list-style-type: none"> Examine, diagnose and treat patients with oral problems, conducting dental treatment or surgery such as extraction or filling 	<u>Dentists Registration Ordinance</u>	<u>Dental Council of Hong Kong</u>
Chinese Medicine Practitioners	Bachelor degree in Traditional Chinese Medicine	<ul style="list-style-type: none"> Diagnose and treat patients, using the theory of traditional Chinese medicine to diagnose symptoms through inspection, listening & smelling, inquiring and palpation. Prescribe traditional Chinese medicine according to patient's condition, conduct acupuncture, cupping, Tui Na massage etc. 	<u>Chinese Medicine Ordinance</u>	<u>Chinese Medicine Council of Hong Kong</u>

Medical Care – Healthcare Professionals

	Related Training	Duties	Regulation	Professional Body
Nurses		Categories: General Practice and Psychiatry	<u>Nurses Registration Ordinance</u>	<u>The Chinese Medicine Council of Hong Kong</u>
	<u>Enrolled Nurse</u> Accredited pre-registration care courses - Higher Diploma / Associate Degree	<ul style="list-style-type: none"> Enrolled Nurse: <ul style="list-style-type: none"> Take care of the patient Register, dispense, or dispense medication to a patient Nursing under the supervision of a registered nurse 		
	<u>Registered Nurse</u> Bachelor's Degree in Nursing	<ul style="list-style-type: none"> Registered Nurse: <ul style="list-style-type: none"> Patrol wards and monitor the patients in hospitals Injection, cleaning, dressing and preliminary assessment of the patient (body temperature, blood pressure, etc.) Assist doctor with treatment or surgery May need to work with a doctor to make a clinical judgment 		

Medical Care – Specialised medical professionals

	Related Training	Duties	Regulation	Professional body
Physio-therapists	Bachelor of Science Degree in Physiotherapy	<ul style="list-style-type: none"> Restore bodily functions through different physical stimulation of the human body Examples: clinical examination and treatment by means of electrical, magnetic, hydraulic, refrigeration, thermal and other mediums / Use different equipment and therapies for rehabilitation and relieve the pain of patients 	<u>Physiotherapists (Regulation and Disciplinary Procedure) Regulation</u>	<u>Physiotherapists Board</u>
Occupational Therapists	Bachelor of Science Degree in Occupational Therapy	<ul style="list-style-type: none"> Assist patients to resume their ability to take care of themselves in general daily life using specially designed activities, devices and environments Improve patients' daily living environment and arrange assistive tools 	<u>Occupational Therapists (Registration and Disciplinary Procedure) Regulations</u>	<u>Occupational Therapists Board</u>

Social Care Professionals

	Related training	Duties	Regulation	Professional body
Social Workers	<p>Registered Social Workers (RSW)</p> <p><u>Social Work Assistant</u></p> <ul style="list-style-type: none"> Certificate / Diploma in Social Work <p><u>Assistant Social Work Officer</u></p> <ul style="list-style-type: none"> Bachelor's Degree in Social Science majoring in Social Work 	<p>Provide various types of social services and support to people in need through different way and levels including:</p> <ul style="list-style-type: none"> Casework: focuses on individuals or families and assists the individuals to solve problems through counselling and interviews Group work: aimed at groups, through group activities to promote the development of the members Community work :targeted at the community organizing various activities to promote community relations and enhance residents' sense of belonging and responsibility to the district Provide rehabilitation, financial assistance and relief work services for those in need 	<p><u>Social Workers Registration Ordinance</u></p>	<p><u>Social Workers Registration Board</u></p>

Professional Ethics

- **Privacy / confidentiality**

- not to disclose the information about the clients without his/her consent
- to respect the privacy of the residents in the residential care by providing the private space

- **Equality**

- to serve all clients equally irrespective of race, nationality, belief, age, gender or social status etc.

Professional Ethics

- **Support and advocacy**

- to support clients in participation in planning and implementation of services
- to advocate initiatives / services for improving the health and well-being of the clients

- **Client-centred / Respect**

- to respect the clients and assist them in making decisions
- to share information and collaborate with the service users to meet a mutual agreement of a treatment plan/ solution
- to provide more user friendly services, e.g. online booking system
- to put the interest of the clients on the top of the priority