

# **Parent Education Resource Package for Primary Schools**

**Fostering happy development of children through synergy in parenting:**

**How to enhance collaboration between parents?**

**Strand III: Promotion of Parents' Physical and Psychological Well-being**

## **Introduction**

Child rearing has never been the sole responsibility of either the father or the mother. Research has shown that a strong partnership in parenting is conducive to a child's healthy and happy development. This activity helps parents appreciate the importance of synergy in parenting and provides approaches to navigate the conflicts and tensions that may arise.