Parent Education Resource Package for Primary Schools

Fostering happy development of children through synergy in parenting:

How to enhance collaboration between parents?

Questionnaire on Conflict Management Style

**Objective:** To help parents reflect on and evaluate their own conflict management style.  
  
**Activity:** There are 20 sets of questions below. Each question contains two situations with descriptions of the handling of a conflict with others. For each question, please circle the description that better reflects your thoughts or actions. When answering, it is not necessary to think too deeply. Just circle the description that you intuitively feel more like you.  
  
**Activity Duration:** About 10 minutes  
  
**Instructions:** There are two descriptions in each question below. Which description is closer to how you handle a conflict?

Question 1:

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| 1. You can’t care too much about how others think if you want to win a conflict. |
| 1. It’s fairest if everyone makes a small compromise. |

Question 2:

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| 1. Why should I express my opinion when I know others will disagree with me? |
| 1. It’s more important to get along with each other than to win a conflict. |

Question 3:

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| 1. In a conflict, I am willing to listen to other people’s views and want to express my own views. |
| 1. In a conflict, I just want to leave the scene. |

Question 4:

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| 1. We both have things we want. Why don’t we find a middle ground? |
| 1. We both have things we want. Maybe there’s a way for us to both get what we want? |

Question 5:

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| 1. If you talk less about certain topics, you’ll doubtlessly have fewer conflicts. |
| 1. In a conflict, everyone has to make some concessions and compromises. |

Question 6:

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| 1. I’ve already decided, so others shouldn’t try to change my mind. |
| 1. I get annoyed whenever I hear people arguing. |

Question 7:

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| 1. In a conflict, I always wonder if there’s a solution satisfying both parties. |
| 1. In a conflict, I always wonder how I can get the other person to agree with me. |

Question 8:

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| 1. I usually see things more clearly than others. |
| 1. Others usually see things more clearly than I do. |

Question 9:

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| 1. In a conflict, I usually give in to others. |
| 1. I can make a slight concession, but the other person must yield to me. |

Question 10:

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| 1. I prefer to maintain a good relationship than to express my own opinions and views. |
| 1. If we can’t see eye to eye, it’s better not to maintain this relationship. |

Question 11:

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| 1. The best solution is the one that satisfies the needs of both parties. |
| 1. Someone always has to give in. I’ll be that person! |

Question 12:

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| 1. Most of the time, I convince others to follow my ideas. |
| 1. Most of the time, we come up with new solutions after expressing our own ideas and listening to others’ ideas. |

Question 13:

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| 1. In a conflict, we can reach a consensus if everyone makes some concessions. |
| 1. It doesn’t really matter if we don’t reach a consensus. |

Question 14:

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| 1. In a conflict, I often adjust my expectations to meet the needs of others. |
| 1. Everyone needs to adjust the expectations to solve problems. |

Question 15:

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| 1. I get angry when the other party doesn’t understand my position after I express my views. |
| 1. After I express my views, I ask the other party to express their views too. |

Question 16:

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| 1. In a conflict, I always try to get everyone to make a concession. |
| 1. In a conflict, I always try to get the other party make a concession. |

Question 17:

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| 1. Winning or losing isn’t important. Maybe I should just let the other party win. |
| 1. There must be a way to achieve a win-win situation. |

Question 18:

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| 1. I’m not very good at expressing myself. In fact, many things don’t need to be discussed, and arguments are even more pointless. |
| 1. My opinions aren’t important. It’s better for me to just listen to other people’s opinions. |

Question 19:

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| 1. Conflict resolution is really about two people lowering their expectations for each other. |
| 1. I avoid people who have a strong stance and love to express their own views. |

Question 20:

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| 1. There’s always a way to meet the needs of both parties. Let’s have a good think about it! |
| 1. There’s always a winner and a loser. The most important thing is that I win. |

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Questionnaire on Conflict Management Style (Scoring Sheet)

**Scoring:** Please circle the letter corresponding to your selection of (1) or (2) in each question and count how many times you circled A, B, C, D or E.

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| Question | 1 | | 2 | | 3 | | 4 | | 5 | |
| Selection | (1) | A | (1) | B | (1) | C | (1) | E | (1) | B |
| (2) | E | (2) | D | (2) | B | (2) | C | (2) | E |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Question | 6 | | 7 | | 8 | | 9 | | 10 | |
| Selection | (1) | A | (1) | C | (1) | A | (1) | D | (1) | D |
| (2) | B | (2) | A | (2) | D | (2) | E | (2) | B |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Question | 11 | | 12 | | 13 | | 14 | | 15 | |
| Selection | (1) | C | (1) | A | (1) | E | (1) | D | (1) | A |
| (2) | D | (2) | C | (2) | B | (2) | E | (2) | C |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Question | 16 | | 17 | | 18 | | 19 | | 20 | |
| Selection | (1) | E | (1) | D | (1) | B | (1) | E | (1) | C |
| (2) | A | (2) | C | (2) | D | (2) | B | (2) | A |

I circled:

* \_\_\_\_\_\_\_ As (competing)
* \_\_\_\_\_\_\_ Bs (avoiding)
* \_\_\_\_\_\_\_ Cs (collaborating)
* \_\_\_\_\_\_\_ Ds (accommodating)
* \_\_\_\_\_\_\_ Es (compromising)