

Parent Education Resource Package for Primary Schools

Parenting made easy: How to handle children's misbehaviour?

Parent-child Activity



Parent-child Activity 1: You Talk, I Draw

Objectives:

1. To help parents understand the importance of giving clear instructions.
2. To provide opportunities for parents to play games with their children.

Instructions:

1. Parents and children need to download the following documents respectively:

Parents' document	Children's document
	

2. Parents and children take turns describing the content of their own documents verbally and ask the other party to draw what they just described on a blank piece of paper. During this process, neither party can look at the contents of the other party's document. Both parties must pay attention and think of a way to make the other party understand what they see.
3. Parents and children can discuss the following questions together:
 - While playing the game, in order to meet the expectations of the other party, what must the other party pay attention to when expressing their expectations?
 - In daily life, what should parents pay special attention to when giving instructions?

Parent-child Activity 2: Family Rules

Objectives:

1. To help parents practise how they can express their expectations of children's behaviour.
2. To provide an opportunity to establish family rules.

Instructions:

1. Parents and children can find an opportunity to discuss the following questions: What rules should our family have? These rules should be enforceable and followed by all family members. For example:
 - When having a meal, the TV should be turned off, and all family members should put down their mobile phones.
 - When seeing someone you know, take the initiatives to greet him/ her.
 - Exercise for at least 20 minutes every day. Examples of exercise include jogging, stretching exercises and various ball games.